Chloe Bennett

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Support worker with three years in supported living and learning disability services

PROFILE

Support worker with three years' experience helping adults with learning disabilities and autism live as independently as possible. Experienced in following and updating support plans, positive behaviour support and safeguarding procedures. Holds the Care Certificate and a Level 2 Diploma in Care, with a full UK driving licence.

EXPERIENCE

Support Worker, Meadowbank Supported Living

Nottingham | Mar 2023 – Present

- Support 4 adults with learning disabilities in a shared house with personal care, cooking, budgeting and getting out into the community.
- Follow and contribute to person-centred support plans, recording progress and incidents accurately on the provider's digital care system.
- Helped one tenant build the confidence to travel to college by bus independently over a 10-week plan agreed with the team.
- Administer and record medication in line with MAR charts and the service's medication policy, with no errors on audit.
- Use positive behaviour support strategies to reduce distress, reporting concerns through the safeguarding procedure.

Relief Support Worker, Hollins Community Care

Nottingham | Jun 2022 – Feb 2023

- Covered day and sleep-in shifts across 3 supported living services, adapting quickly to each person's routines and communication needs.
- Supported people to attend GP and hospital appointments, keeping notes so families and the team stayed informed.
- Completed handovers clearly at every shift change so nothing was missed between staff.

Customer Assistant, Greenway Garden Centre

Beeston | Sep 2020 – May 2022

- Served customers on the tills and shop floor, including older and vulnerable customers who needed extra time and help.
- Trained 2 new starters on opening and closing procedures.

EDUCATION

Level 2 Diploma in Care, Trent Valley College

Nottingham | Sep 2022 – Jul 2023

- Units included safeguarding, duty of care, person-centred approaches and communication

GCSEs, Bramcote Academy

Nottingham | 2015 – 2020

- 7 GCSEs at grades 9–4, including English and Maths

SKILLS

Person-centred support, Support planning and recording, Medication administration (MAR), Positive behaviour support, Safeguarding adults, Makaton (basic), Budgeting and life skills support, Full UK driving licence

TRAINING AND CHECKS

- Care Certificate
- Safe Handling of Medicines
- Moving and Handling
- Emergency First Aid at Work
- Enhanced DBS on the Update Service