Aisha Rahman

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Healthcare assistant with acute medical ward experience

Profile

Healthcare assistant with two years on a busy acute medical ward and earlier experience in residential care. Skilled in patient observations, personal care, and supporting nurses with admissions and discharges. Holds the Care Certificate and is completing a Level 3 Diploma in Healthcare Support.

Experience

Healthcare Assistant (Band 2), NHS trust, acute medical ward

Leicester | Feb 2023 – Present

- Record patient observations including blood pressure, pulse, temperature and oxygen saturation, escalating early warning scores to the nurse in charge.
- Provide personal care, pressure area care and support with eating and drinking for up to 10 patients per shift.
- Carry out blood glucose monitoring and ECGs after completing competency sign-off.
- Help admit and discharge patients, preparing bed spaces and completing checklists so beds turn around quickly.
- Support newly started HCAs during their first shifts, showing them ward routines and documentation.

Care Assistant, Willowbrook Nursing Home

Leicester | May 2021 – Jan 2023

- Delivered personal and end-of-life care for residents with nursing needs, working closely with registered nurses.
- Monitored food and fluid intake and reported changes in residents' condition promptly.
- Used hoists and other moving and handling equipment safely.

Education

Level 3 Diploma in Healthcare Support (in progress), Leicester Skills College

Leicester | Sep 2024 – Present

- Studying through work-based assessment

BTEC Level 3 Extended Diploma in Health and Social Care, Abbey Park Sixth Form

Merit Merit Merit | Leicester | Sep 2019 – Jun 2021

Skills

Clinical observations (NEWS2), Blood glucose monitoring, ECG recording, Personal and pressure area care, Infection prevention and control, Electronic patient records, Moving and handling, Calm communication with patients and families

Training

- Care Certificate
- Basic Life Support
- Moving and Handling
- Safeguarding Adults Level 2
- Information Governance