Sophie Clarke

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GDC-registered dental nurse with four years in mixed NHS and private practice

PROFILE

Qualified, GDC-registered dental nurse with four years' chairside experience across general dentistry, hygiene and minor oral surgery. Confident with decontamination, radiography support and patient care, including nervous patients and children. Trained in oral health education.

EXPERIENCE

Dental Nurse, Westbury Dental Practice

Bristol | Jun 2022 – Present

- Provide chairside support to 2 dentists in a busy mixed practice, preparing materials and instruments for each procedure.
- Carry out decontamination and sterilisation of instruments in line with HTM 01-05, keeping daily logs complete.
- Update dental charts and clinical notes accurately on the practice software.
- Reassure nervous patients before and during treatment, and support children's appointments.
- Deliver oral health advice to patients after completing a post-registration qualification.

Trainee Dental Nurse, Harbourside Dental Care

Bristol | Sep 2020 – May 2022

- Supported dentists and a hygienist chairside while studying for the National Diploma.
- Covered reception duties including booking appointments and taking payments.
- Helped prepare the surgery for inspection by checking stock, logs and cleaning schedules.

EDUCATION

Level 3 Diploma in Dental Nursing, South West Dental Academy

Bristol | Sep 2020 – Apr 2022

- GDC registration since May 2022

Certificate in Oral Health Education, South West Dental Academy

Bristol | Sep 2023 – Mar 2024

SKILLS

Four-handed chairside dentistry, Decontamination (HTM 01-05), Dental charting, Radiography support, Infection prevention and control, Patient reassurance, Practice software, Reception and booking

REGISTRATION AND TRAINING

- GDC registered dental nurse
- Medical Emergencies and Basic Life Support (annual)
- Safeguarding Adults and Children
- Hepatitis B immunisation up to date