Maria Kowalski

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Experienced commercial and domestic cleaner, trained in COSHH

PROFILE

Thorough and trustworthy cleaner with four years' experience across offices, a primary school and private homes. Works independently to a high standard, follows COSHH and site safety procedures and is known for excellent attendance and attention to detail.

EXPERIENCE

Commercial Cleaner, Brightside Facilities Services

Reading | Jan 2022 – Present

- Clean 3 office floors each evening to a written specification, including kitchens, toilets and meeting rooms.
- Use and store cleaning chemicals safely in line with COSHH data sheets and colour-coding rules.
- Passed every monthly quality audit by the site supervisor over the last 18 months.
- Report maintenance issues such as leaks and broken lights on the client's helpdesk system.

School Cleaner (part-time), Elm Park Primary School

Reading | Sep 2020 – Dec 2021

- Cleaned classrooms, corridors and toilets after school, 15 hours a week.
- Carried out deep cleans during school holidays, including floor scrubbing and high-touch surfaces.
- Worked to strict safeguarding and key-holding rules on site.

Domestic Cleaner (self-employed), Private clients

Reading | Mar 2019 – Present

- Clean 4 regular homes each week, managing own schedule and client keys.
- Kept every client for over two years through reliable, consistent work.

EDUCATION

Secondary school education, Technikum Ekonomiczne

Gdansk, Poland | 2008 – 2012

- English for Speakers of Other Languages (ESOL) Entry 3, Reading College, 2018

SKILLS

Commercial and office cleaning, Deep cleaning, COSHH, Colour-coded cleaning systems, Floor care equipment, Time management, Working alone, Trustworthy key holder

TRAINING

- COSHH awareness (2022)
- Manual handling (2022)
- Enhanced DBS check (2020)

LANGUAGES

- English (good working level)
- Polish (native)